



Variety and Versatility  
*Berries At Their BEST*  
Worlds Best Berries

# Products



## Gooseberries

Pack Sizes  
10 x 1Kg

Traditional favourites known for their refreshing sourness.  
Showing increasing popularity as a new generation  
discover this timeless favourite.

Nutritional Analysis per 100g frozen Gooseberries\*  
176kJ(42kcal)/100g  
Available Carbohydrate 9.1g/100g  
Protein 0.6g/100g  
Total Available Sugars 9.1g/100g  
Total Fat 0.6g/100g

\*Source The Concise New Zealand Food Composition Tables 3rd edition

